Week 1 Assignment L&S

We will work in small groups (3-4 people) next week (using Zoom) discussing our experience with Isolation and how the virus is influencing our lives.

Please answer the following questions using KEY words. When we actually speak with each other we will of course use complete sentences. I want you to rehearse how you answer these questions.

Where and with whom are you now?

1) Where are you living now? Key word Home, Apartment

spoken answer: I am living at home with my family.

I am living alone in an apartment.

2) Who are you with? Mom, Dad et al (and others)

What is your daily life like?

3) What time do you usually go to bed? Get up?

4) What is your diet like ( when and what do you usually eat?)

5) Do you exercise (fitness)? Key words: jogging, yoga,

6) Do you go shopping for anything?

7) Who do you communicate with? How?

Thoughts, feelings and concerns.

Are you having stress? Keywords: No, Yes, sometimes

Spoken answer: I am very worried about my studies.

I am worried about my grandmother who is sick.

Anyone in your family ill or having virus related problems?

Keywords: Father, neighbor

Spoken answer: My uncle was let go from his restaurant job and has no income.